

## Keynote & Motivational Speaking



Is your audience ready for a speaker who will blow their minds and knock their socks off? A speaker who will make them laugh 'til they wet their pants!? And are you ready to take credit for an incredible event they'll be talking about for years? Well, brace yourself. Cammy Dierking is all that, and a bag of chips!

**"Thank you for being an inspiration to us all! I admire your infectious joy that you share wherever you go. Your story was truly inspirational."**

Lisa, Cincinnati

**"What I appreciated most about your presentation was reminding us to take care of ourselves, and learn how to laugh more. Thank you! Thank you! Thank you!"**

Debbie, Cincinnati

### Satisfied Audiences:

- Speaking of Women's Health  
2008 National Keynote Speaker
- Women's Sports Association
- University of Cincinnati  
Women's Leadership Conference
- Multiple Sclerosis Society
- Volunteers of America
- ATP Tennis Masters Series
- Toyota Motor Manufacturing  
North America
- Girl Scouts of America  
Great Rivers Council
- Procter & Gamble
- Health Care Research Center
- Kiwanis International
- American Heart Association
- Cincinnati Children's Hospital
- Arthritis Foundation
- Susan G. Komen Race for the Cure

### Meet Cammy

A television personality for the past 28 years, and mother of three teenage girls, Cammy projects a contagious and wild enthusiasm for everything she does. A communications expert who specializes in edu-tainment, her messages are thoughtful, clear and uplifting, and presented in a lively way that's chockfull of laughs. Cammy will enlighten your audience about issues like: the power of a positive attitude, the best ways to handle change, creating balance in a busy life, and finding your passion and living your dream. Cammy also demystifies the mind/body connection, and what it means to take control of your life and your health. Whatever your specific needs, Cammy can customize a presentation that will inspire, motivate, and energize!

### Topics Include:

- **WHAT MATTERS MOST**
- **FINDING YOUR PASSION: LIVING YOUR DREAM**
- **LIVING LEAN: MOVE IT OR LOSE IT**
- **AGING WITH ATTITUDE: SASS AND A CUTE ASS!**
- **CREATING BALANCE: FAMILY, CAREER, LIFE**
- **THE POWER OF THE ESTROGEN SQUAD**
- **WHY YOU STRESS, AND HOW TO STOP**

**"You made me cry, but they were tears of sorrow and joy."**

Martha, Cincinnati